



Don't STRESS yourself to prepare food at camp meeting we will do it all for you

MEAL PLAN FOR SEC CAMP MEETING 2017

Adult

£90 per adult for the week (including a drink) at Lunch and Dinner,
£50 per adult for the weekend (Thursday night to Sunday morning),
£15 per adult for Sabbath Lunch and Dinner.

Child

£60 per week for children aged 13 and under,
£35 from Thursday to Sunday, and
£10 for Sabbath Lunch and Dinner.

There will be a number of sundry items for sale, and daily meals can be purchased separately to the Meal Deals. No payments will be taken on Sabbath. All Sabbath lunches must be booked in advance.

Itemised meal, this price is applicable when a person purchases their meals separately.

Breakfast £4.00

Lunch £6

Dinner £6

Freshly made homemade drink £1 each

Estimated cost per day £18

Weekly meal deal, this deal will cover meals for 6 days from Monday afternoon to Sunday breakfast.

Breakfast £4

Lunch £5.50

Dinner £5.50

Lunch and dinner will be Served with freshly made homemade drink.

Total cost £90 per person (ONLY WEEKLY PAYMENT)

Weekly Family meal deal, this deal is for 2 children (up to 13yrs) and 2 adults.

Breakfast, Lunch, Dinner

2 adult @ £14 each

2 children @ £9 each

Lunch and dinner will be served with freshly made homemade drink

Total £276 (ONLY WEEKLY PAYMENT)



Menu

Breakfast

Cornmeal porridge
Plantain porridge
Oats porridge
Hominy corn porridge
Bulgur wheat porridge
Cream of wheat porridge
Ackee & sweet peppers
Callaloo
Fried dumpling
Hash browns
Roast tomatoes
Mushrooms
Eggs
Baked beans
Toast

Rice dishes

Rice and peas
Jollof rice
Plain rice
Butternut squash rice
Pumpkin rice

Ground provision

Boiled dumpling
Boiled yam
Boiled sweet potato
Boiled green banana
Roast breadfruit

Side dishes

Fried plantain
Sweet Cabbage & Carrot
Macaroni cheese
Vegan Macaroni cheese
Festivals
Fritters
Stir fry noodles

Salads

Coleslaw
Potato salad
Mixed salad
Leafy salad with olives, garlic and lemon

Drink hot/cold

Hot chocolate
Herbal teas
Barleycup
De-cafe tea
Homemade Sorrel
Caribbean Queen
Homemade fruit punch

Dinner and

Vegetarian dish

Callaloo & Spinach

Ackee & Sweet peppers

Chick peas curry

Kidney beans stew peas

Gungo stew peas

Sweet & Sour Tofu

Vegetable Lasagne

Vegetarian Lasagne

Vegetarian brown stew chicken

Vegetarian curry chicken

Mock-duck with butter beans & Carrot

For more information please contact

Contact: Dawn Nicholson

Email address: dawncaribbeanqueen@yahoo.co.uk

Phone number: 07878638167

07951261781